

2013 Annual Report



03/15/2014

“Developing an Informed, Healthy Community”

Number three (3) on the Centers for Disease Control list of “The 10 Essential Public Health Services” is “Inform, educate, and empower people about health issues”.

This encompasses a broad area which includes promotion of immunizations; nutrition counselling; promotion of breast feeding; smoking, drugs, and alcohol; exercise benefits; falls prevention; and prevention and education about disease to name a few. In addition, more targeted education is directed toward operators of programs we license such as food safety.

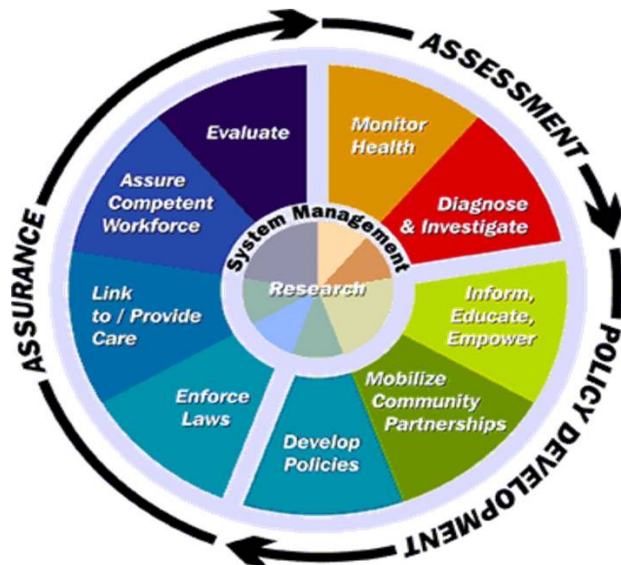
In order to be most accurate and efficient in fulfilling this mandate, the health district has to ensure that employees are current in their areas of expertise. This continuing education is achieved by online webinars, in-house trainings, and attendance at meetings and seminars. The agency keeps an accurate record of all education received.

Finally, for over a decade now, an agenda item for every Board of Health meeting is “board education”, with the goal of equipping board members with the knowledge they need to make informed decisions. Your local health district considers the education mandate as its primary purpose.

Boyd C. Hoddinott, MD, MPH
Health Commissioner

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Public Health Nursing

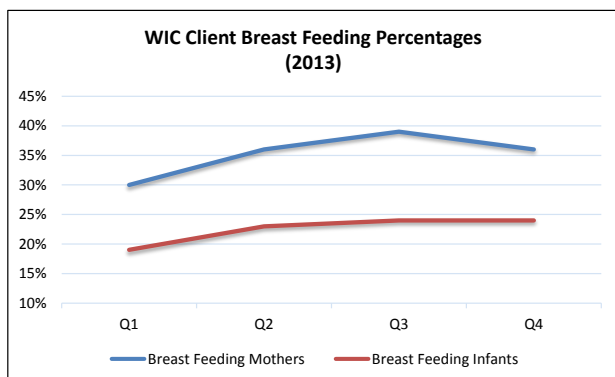
The key for Public Health Nursing is to promote a healthy lifestyle for its citizens through education. This type of nursing covers many areas of expertise. Our nursing staff, on a daily basis, educates the public on such things as community concerns of head lice to our Home Health staff teaching clients and caregivers about their illness, medications, services available and ongoing personal safety to stay in their own homes. The WIC staff highlights areas of their expertise by providing education on nutrition for mothers and their children. They also emphasize the importance of breastfeeding and offer one-on-one support to each mother. Competent nurses provide newborn home visits to every child born in Logan County. This visit is a very important part for the parent to increase their knowledge and education about the habits of a newborn but also what services are available should a need arise. An assessment of the mother and baby are performed at each visit along with a maternal depression screening. This program has been a much needed and necessary program for the staff to extend this educational opportunity

to families. The examples of all of the education that is performed by our nursing staff are too numerous to mention in this report.

Staff continue to update their knowledge in the above areas through on-line webcasts, attending conferences and trainings offered locally and in surrounding counties on a continual basis. In the past, a limit was applied to the budget for staff trainings. This has made for a higher need to select the best of the best trainings for our staff. Each nurse must obtain 24 contact hours of continuing education (CE) to maintain their license and practice nursing in the State of Ohio. CE's must be in their current area of expertise. Documentation of trainings is a necessary part of this requirement. All of us take pride in knowing our agency's main purpose is to "develop an informed healthy community".

Women, Infants & Children

Women, Infants and Children (WIC) Program served approximately 910 participants monthly during 2013. The WIC Program provides nutritional education and breastfeeding information to all families. A rise in breastfeeding rates were noted by the end of year.



The Breast Feeding Peer Helper Program has been instrumental with the success of our increased breastfeeding rates. This program provides monthly breast feeding classes to pregnant participants. It also creates the opportunity to promote a "mom-to-mom" atmosphere in order to offer support to WIC moms to understand the benefits of breastfeeding and any difficulties or

complications that may occur during breastfeeding. This position requires 6 credits per year of continuing education (CE) to continue as a Peer Breast Feeding Helper.

WIC's two registered nurses have a Certified Lactation Counselor (CLC) license. They both assist breastfeeding mothers with any questions or concerns. Nutritional education based upon the assessment of each child is performed by each nurse at regular WIC visits.

Both nurses, as well as the WIC Director, continue to attend periodic regional and state trainings to obtain updated information on many nutritional topics. The WIC Program covers a wide arrangement of topics including; prenatal/post-partum nutritional care, introducing solid foods for infants, picky eaters and portion control for toddlers.

The WIC Director is also a certified car seat technician and works collaboratively with the Safe Kids Chapter in Logan County. This organization ensures and educates parents on the proper installation of car seats. All of the WIC staff are dedicated to developing healthy informed families.

Home Health

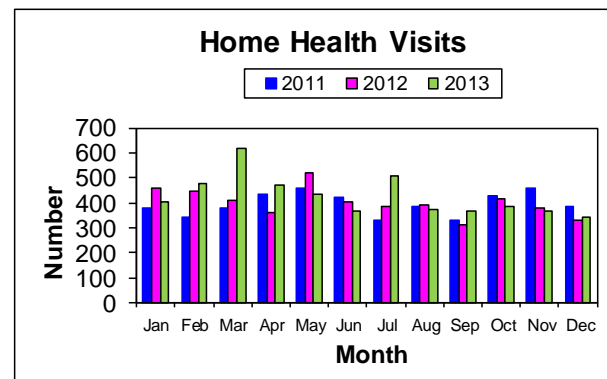
Home Health has been strong since 1970. We recognize that when staff go above and beyond what is required of us from an education standpoint, our clients succeed and our community benefits as a whole.

This is accomplished by empowering our staff and maintaining a highly trained and qualified team. Home health is critical to the success of our health care systems, and by anticipating changes, our core strengths improve. Our leadership team is conscientious about the education our employees receive, and this is incorporated into our daily business practices. Home Health plays a vital role in meeting growing medical needs, collaborating across care teams and identifying clients' risks. We are committed to educating our staff and the community. A comprehensive assessment is completed on our initial visit to home care including a complete fall assessment as well as depression screening, home safety evaluation, and community needs assessment. A variety of high quality educational materials and toolkits are provided. In 2012, there was a need to transform the way professionals teach and educate. A new model called the 'Talk Back Method' was incorporated. This transformation took commitment and willingness from the staff to change. It proved successful as our outcomes improved. We continue to be a highly respected agency in our community. To meet these stringent requirements and be able to provide quality care our staff must complete new hire, annual, and specialized trainings. Our success is key to our clients' recovery and continued ability to manage their chronic conditions in their homes. Logan County Home Health is committed to working diligently to continue to educate and advocate for our clients and our community.

Logan County Home Health Agency, for the fourth year, was recognized by Home Care Elite. This organization recognizes the top 500 home health agencies in the

country. It honors the top agencies in quality outcomes, quality improvement and financial performance measures. We also received the Home Health Consumer Assessment Healthcare Providers and Systems award for having the highest patient satisfaction surveys. In addition to these two awards Logan County Home Health received a letter from the Ohio Senate honoring us for our exceptional achievement.

These results are reported on the Health Compare website www.medicare.gov.



Emergency Preparedness and Public Information

Emergency Preparedness and Public Health Information is an ongoing educational process. Keeping our staff and board of health members current on our emergency plans and processes is a priority.

In 2013, Pertussis, H7N9 and Novel Coronavirus were targets for potential outbreaks with information sent to local health care providers regarding statewide surveillance and testing procedures. "Knowing your ABC's" for Reportable diseases are sent out twice a year. Heat Advisory tips were relayed during the summer months.

We use various methods to reach the public with information: blast fax, newspaper, radio, health fairs, signage and electronic communication. We encourage the public to go to our website (www.loganhealth.org), and to like us on Facebook ([facebook.com/logancohd](https://www.facebook.com/logancohd)). A Twitter account ([@LoganCoHealth](https://twitter.com/LoganCoHealth)) has recently been established as a

method for the public to have ongoing information during an emergency situation.

The Health District is always in need of volunteers to assist during emergencies. Information regarding how you can help is available on our website.

Please join us – We Need You!!



Environmental Health

The National Environmental Health Association approved a new definition of “environmental health” in July 2013.

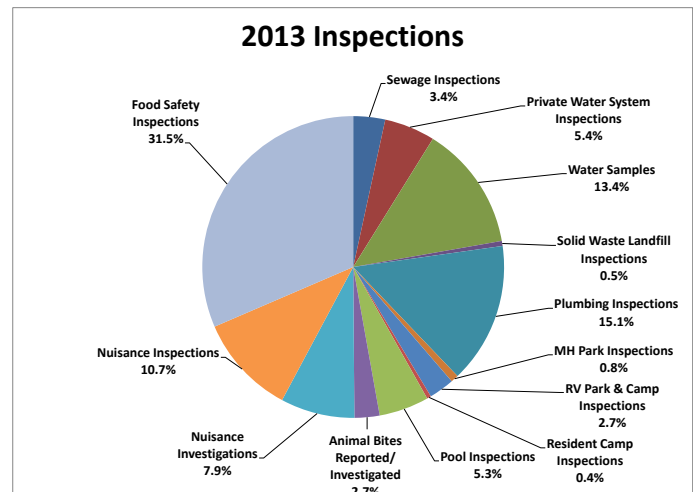
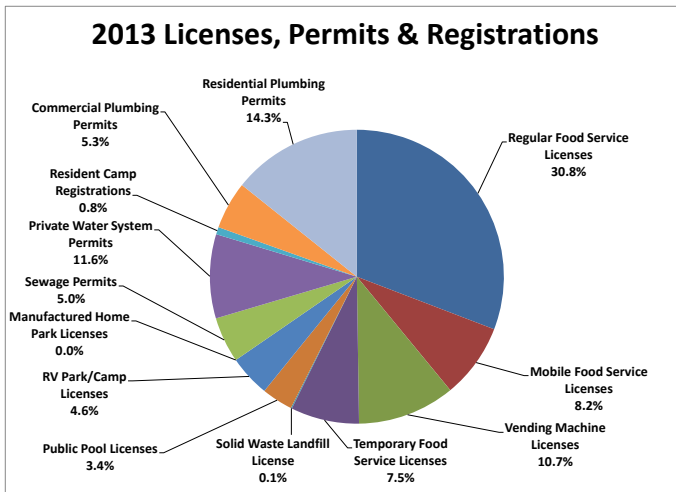
Their Twitter version is:

“Environmental health evaluates hazards to health in the environment, protects all from harmful agents, and promotes health and well-being.”

Evaluating hazards and protecting people from harmful agents many times results in citations and other enforcement activities. However, education of the people is at least as important, especially when trying to promote health and well-being. Some examples: We strive to take every opportunity along the way to educate people about food safety. We explain what people can do to protect their drinking water supply. We tell them what maintenance to perform on their sewage systems to prolong the life of the system and prevent contamination. We give advice to residents with bedbug and cockroach infestations and tips on how to prevent them.

Inspections	2012	2013
Sewage Inspections	105	108
Private Water System Inspections	190	172
Water Samples	332	423
Solid Waste Landfill Inspections	22	17
Plumbing Inspections	421	477
MH Park Inspections	35	26
RV Park & Camp Inspections	80	86
Resident Camp Inspections	14	14
Pool Inspections	149	169
Animal Bites Reported/Investigated	75	85
Nuisance Investigations	346	251
Nuisance Inspections	405	339
Food Safety Inspections	939	995

Licenses, Permits & Registrations	2012	2013
Regular Food Service Licenses	266	270
Mobile Food Service Licenses	70	72
Vending Machine Licenses	93	94
Temporary Food Service Licenses	64	66
Solid Waste Landfill License	1	1
Public Pool Licenses	29	30
RV Park/Camp Licenses	41	40
Manufactured Home Park Licenses	24	0
Sewage Permits	37	44
Private Water System Permits	107	81
Resident Camp Registrations	8	7
Commercial Plumbing Permits	49	46
Residential Plumbing Permits	130	130

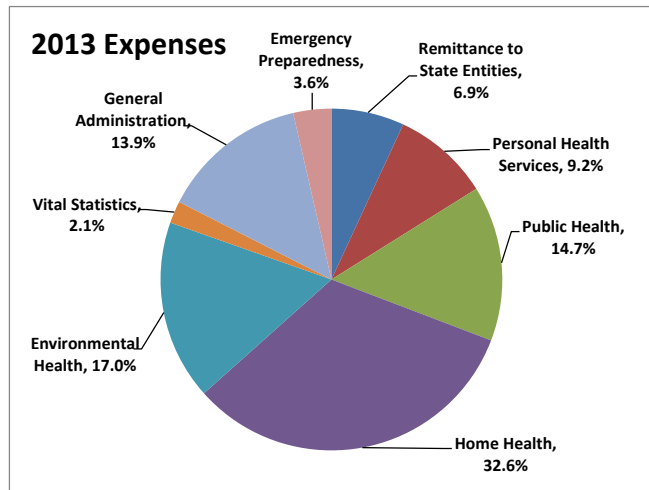
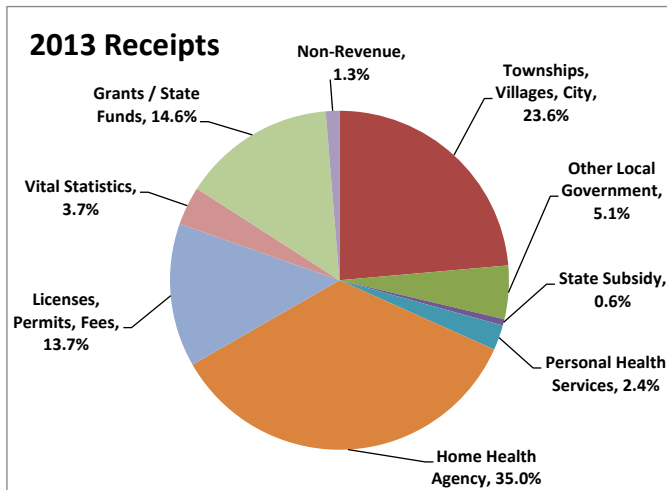


2013 Financial Report

2013 Funding	Amount	Percentage
Townships, Villages, City	500,000	23.6%
Other Local Government	107,725	5.1%
State Subsidy	12,187	0.6%
Personal Health Services	51,615	2.4%
Home Health Agency	742,217	35.0%
Licenses, Permits, Fees	290,207	13.7%
Vital Statistics	78,094	3.7%
Grants / State Funds	309,106	14.6%
Non-Revenue	28,338	1.3%
Total Receipts	\$2,119,489	100.0%

2013 Expenses

Remittance to State Entities	151,958	6.9%
Personal Health Services	202,999	9.2%
Public Health	326,175	14.7%
Home Health	722,334	32.6%
Environmental Health	376,862	17.0%
Vital Statistics	46,587	2.1%
General Administration	308,408	13.9%
Emergency Preparedness	79,000	3.6%
Total Expenses	\$2,214,323	100.0%



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Public Health
Prevent. Promote. Protect.



Vital Statistics Update

The Logan County Health District maintains birth and death records from 1909 to the present. Walk-up service for certified copies is available during regular business hours. We continue to educate the public that statewide access of birth records is available. Individuals may obtain certified copies of an Ohio birth record regardless of the county where the birth occurred.

Central Death Issuance – ODH is working on a more efficient way to get death information moved electronically from the funeral director to the physician and back for filing. Once this is finalized ODH can better identify how to move forward with statewide issuance of death records similar to birth records.

Senate Bill 23, Adoption Law Change – A new adoption law will allow for individuals who were adopted between 1964 and September 18, 1996 the ability to get the contents of their sealed file. The release of information will not happen until **March 20, 2015**. For interested parties, please refer to the ODH website www.odh.ohio.gov/vs.

Vital Records Report	
Birth Certificates Issued	1,946
Births Recorded	363
Hospital Births	351
Home Births	12
Females	177
Males	186
Sets of Twins	0
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Death Certificates Issued	1,568
Deaths Recorded	364
Females	198
Males	166
Age 100+	1
Oldest	100
Youngest	8 years

